

WINNING THE BATTLEFIELD OF THE MIND

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WELCOME

- WELCOME TO YOUR FIRST WEEK OF LIFESTYLE OF FREEDOM.
- WHEN WE ALLOW GOD TO SPEAK AND WORK IN YOUR LIFE, THE NEXT 10 WEEKS WILL BE ONE OF THE MOST LIFE CHANGING WEEKS IN YOUR LIFE YET, AMEN!

WHAT IS LIFESTYLE OF FREEDOM?

A DISCIPLESHIP **PATHWAY** WHERE WE GO THROUGH 10 WEEKS OF **TRANSFORMATIVE BIBLE BASED TEACHINGS AND COACHING, TO BRING GOD'S FREEDOM & PURPOSE IN ALL AREAS OF YOUR LIFE.**

- IT'S A **PATHWAY**
 - IT MAYBE FORMATTED LIKE A CLASS.
(IT HAS CLEAR STAGES - MILK TO SOLID FOOD, FROM BABIES TO ARMIES)
 - BUT IT IS NOT A CLASS THAT IT'S NOT HERE TO **INFORM**, BUT IT IS HERE TO **TRANSFORM**.
 - **STEPPE** IN BONDAGED, **STEP OUT SET FREE.**
 - **STEPPE** IN CAPPED/ LIMITED, **STEP OUT STRETCHED, EQUIPPED TO DO GREAT THINGS.**
 - **CLAP LIKE YOU KNOW YOU'RE ABOUT TO BE TRANSFORMED!!!**
- TO TRANSFORM.....
 - **YOUR VALUES WILL BE CHALLENGED**
 - **YOUR BELIEFS WILL BE ALIGNED WITH THE WORD OF GOD.**
 - **YOUR ATTITUDES WILL BE FINE TUNED**
 - **YOUR CHARACTER WILL BE DEVELOPED**
- **PURPOSE:**
 - **TO RAISE A STRONG ARMY OF DISCIPLES AND DISCIPLE MAKERS**
 - NO MORE BABIES THAT IS EASILY SWING BY THE TEACHING OF THE WORLD.
 - NO MORE BABIES THAT IS EASILY OFFENDED
 - BUT TO BE A MATURE DISCIPLES WHO CAN LEAD HIS/ HER FAMILY, BUILD THEIR FINANCES, BREAK EVERY SCHEME OF THE ENEMIES.
 - HOW MANY KNOW ONLY THE FREED CAN BREAK THE CHAIN OF OTHERS.
 - ONLY AN ARMY CAN WIN A CRY.
 - **CMON CLAP LIKE YOU ARE AN ARMY!**
- **WHAT TO EXPECT:**
 - SOLID FOOD WILL BE PREPARED.
 - YOU WILL BE COACHED // ASSIGNED INTO SMALL GROUPS
 - **DETAILS WILL BE SHARED AFTER THIS TEACHING.**

SO DISCIPLES, ARE YOU READY TO GET STRONG?

WINNING THE BATTLEFIELD OF THE MIND

GOD CREATED HUMAN MIND SO SPECIAL ***HUMAN BRAIN IMAGE**

- NOTHING IN THE KNOWN UNIVERSE IS MORE COMPLEX THAN HUMAN BRAIN.
- IT HAS 100 BILLION NERVE CELLS THAT CAN COMMUNICATE WITH EACH OTHER.
- ONLY HUMAN BRAIN IS EQUIPPED WITH COMPLEX PROBLEM SOLVING SKILLS, CREATIVE ABILITY.
- IT CAN RECORD 800 MEMORIES A SECOND FOR 75 YEARS AND NOT GET TIRED.
- BUT THE MOST IMPORTANT THING ABOUT YOUR BRAIN, YOU CAN COMMUNICATE WITH GOD AND HAVE RELATIONSHIP WITH HIM.

THERE IS A RAGING WAR FOR YOUR MIND.

- WHOEVER HOLDS YOUR MIND, HOLD YOUR FUTURE.
- OUR BATTLEFIELD IS NOT AGAINST OFFICE POLITICS, OUR HATERS, OUR MOTHER IN LAW =))
- **OUR GREATEST BATTLE IS IN OUR MINDS.**

2 Corinthians 10:3-5

For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,

- **ALL THE BATTLES IN YOUR LIFE IS FIRST WON OR LOST IN YOUR MIND.**
 - RESEARCH SUGGESTED THAT **86% OF SICKNESS OF YOUR BODY** IS RELATED BACK TO YOUR MIND.
 - CANCER CELLS SPREADS FASTER WITH STRESS HORMONE
 - ALL THE STRESSES IN YOUR LIFE, IF YOU TRACE IT BACK..... **THERE ARE LIES WE BELIEVE THAT ARE NOT ALIGNED WITH THE WORD OF GOD.**
 - **WHY WE WORK WORK WORK WORK....** AT THE EXPENSE OF OUR HEALTH, FAMILY AND MINISTRY...
 - BECAUSE WE BELIEVE THAT "MORE MONEY CAN GIVE YOU MORE HAPPINESS".
 - BECAUSE WE THINK THAT WHEN WE ARE SUCCESSFUL, FINALLY GOD/ PARENTS/ SPOUSE CAN ACCEPT US.
 - WHY A LOT OF FINANCES ARE CRUMBLING,
 - WHY A LOT OF MARRIAGES ARE BROKEN,
 - WHY A LOT OF HEALTH ARE BROKEN.....
 - **THERE ARE LIES WE BELIEVE THAT ARE NOT ALIGNED WITH THE WORD OF GOD.**
- **"WHICH AREAS WHERE YOU ARE STRUGGLING WITH OR FEELING STUCK IN OR IN NEED OF ALIGNMENT WITH THE WORD OF GOD?"**
- TODAY WE'RE GOING TO LEARN FROM THE BIBLE HOW TO WIN THE BATTLEFIELD OF THE MIND.

1. DO NOT WAIT UNTIL YOUR SITUATION TO CHANGE TO CHANGE YOUR MIND

(SWITCH YOUR THINKING NOW!)

- **PEOPLE OFTEN SAY AS SOON AS I GOT A NEW JOB, I WILL BE HAPPY.**
 - AS SOON AS I GOT A BETTER HOUSE (HUSBAND) THEN I WILL BE HAPPY.
 - AS SOON AS I GOT A BETTER JOB THEN I WILL BE HAPPY.
 - AS SOON AS I GOT A GIRL FRIEND THEN I WILL BE HAPPY.
 - THEY WAIT TILL THEIR CIRCUMSTANCES CHANGE, BEFORE THEY WANT TO CHANGE THEIR MIND.
 - **BUT THE BIBLE SAYS CHANGE YOUR MIND FIRST AND EVERYTHING ELSE WILL FOLLOW!!!**
 - **"Be careful how you think; your life is shaped by your thoughts" - Proverbs 4:23 GNT**
 - **MY THOUGHTS CONTROL MY LIFE, BUT I CAN CONTROL MY THOUGHTS.**
 - IF YOUR MIND SAYS YOU'RE BLESSED BY GOD, YOUR LIFE WILL FOLLOW.
 - IF YOUR MIND SAYS YOU'RE VICTORIOUS IN GOD, YOUR LIFE WILL FOLLOW.
 - YOU ARE THE SUM TOTAL OF YOUR THOUGHTS.
 - **"WHAT ARE THE FORTIFYING THOUGHTS THAT KEEPS YOU FROM BEING BLESSED?"**
- If you want **FREEDOM IN YOUR LIFE** today, then you have to **quit allowing negative, fearful thoughts to consume your mind.**
 - We are to **CAST DOWN THOUGHTS** that challenge the word and bring that thought into captivity to obey the words of Christ.
 - **2 Corinthians 10:5** Casting down arguments and every high thought that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.
- What is "HIGH THOUGHTS"?
 - **HIGH THOUGHTS - EVERY THOUGHTS/BELIEFS/ARGUMENTS THAT ARE NOT IN LINE WITH THE WORD OF GOD.**
 - Thoughts that exalt themselves against the knowledge of God
 - **"I KNOW BETTER THAN GOD"**
 - Oh we don't tithe, because....
 - Oh we don't serve the house, because....
 - Oh we don't read the word, because....
 - Oh I won't break free from this addiction, because....
 - Oh I will never achieve great things, because....
 - EVERY 'BECAUSE' IS THE ROOT CAUSE OF OUR PROBLEMS IN LIFE.
 - That's high thoughts!
 - And we wonder why are we not blessed in our work, why our families are falling apart.
 - **The Bible says 'CAST IT DOOOWN, YOU OUGHT TO BRING THOSE THOUGHTS INTO CAPTIVITY TO THE OBEDIENCE OF CHRIST!!!!'**

2. WE NEED TO REPLACE EVERY HIGH THOUGHTS WITH THE WORD OF GOD

- **YOU WANT TO WIN IN YOUR LIFE?**
 - YOU NEED TO BEGIN TO REPLACE ALL THESE LIES, ALL THESE WRONG BELIEFS, AND BRING IT INTO OBEDIENCE TO THE WORD!!!!
 - IF THE BIBLE SAY I AM LOVED, WHY AM I SO INSECURE??
 - IF THE BIBLE SAY I AM HIGHLY FAVOURED AND THE GOD OF THE UNIVERSE GOT MY BACK, WHY AM I SOOOO AFRAID??
 - I AAAAM THE CHILD OF GOD!!!!
- **STORY OF JOSHUA - YOU WANT RECIPE OF SUCCESS? RECIPE OF VICTORIOUS LIFE?**
 - IF I CAN SUMMARISE IT INTO ONE THING.
 - THIS WOULD BE IT.
 - JOSHUA IS ABOUT TO BE A MULTITRILIONAIRES
 - JOSHUA IS ABOUT TO BE A LAND OWNERS, NO LONGER RENTING, BUT OWNING.
 - GOD IS ABOUT TO GIVE JOSHUA HIS PROMISED LAND, FLOWING WITH MILK AND HONEY.
 - AND GOD SAID, YOU WANT TO BE PROSPEROUS JOSHUA?
 - YOU WANT TO BE SUCCESSFUL IN EVERYTHING YOU DO?
 - YOU LISTEN UP.....
 - **Joshua 1:8-9 Think about my word day and night, so you may be careful to do all that is written in it. Then all will go well with you. You will receive many good things and prosper and have good success. 9 Have I not told you? Be strong and have strength of heart! Do not be afraid or lose faith. For the Lord your God is with you anywhere you go.**
 - **THINK ABOUT MY WORD DAY AND NIGHT.**
 - I WANT TO ENCOURAGE YOU LOF STUDENTS.
 - YOU WANT TO BE PROSPEROUS IN YOUR LIFE?
 - YOU WANT TO HAVE GOOD SUCCESS IN YOUR WORK? FAMILY?
 - READ AND MEDITATE THE WORD OF GOD DAY AND NIGHT, SO YOU MAY BE CAREFUL TO DO ALL THAT IS WRITTEN IN IT.
 - LOF STUDENTS — STARTING TODAY, YOU HAVE TO HAVE A DAILY BIBLE READING PLAN.
 - DON'T JUST READ ONE VERSE, IT'S LIKE YOU ONLY EAT ONE SPOON OF RICE EVERY DAY.
 - CMOON, YOU WANT TO BUILD MUSCLE IN YOUR LIFE? YOU WANT TO WIN YOUR BATTLE? YOU WANT TO START CONQUERING LAND!!!
 - THEN READ AND MEDITATE HIS WORD DAY AND NIGHT.
 - LET IT SINK.
 - READ IT OUT LOUD ON THE WAY YOU WORK.
 - READ IT OUT LOUD WHEN YOU'RE SHOWERING.
 - START YOUR DAY WITH THE WORD.
 - END YOUR DAY WITH THE WORD.
 - LISTEN TO PREACHINGS ON PODCAST, CARVE TIME IN YOUR DAY FOR THE WORD!
 - WHEN NEGATIVE THOUGHTS COME IN, READ THE WORD I AM THE HEAD AND NOT THE TAIL.
 - WHEN ANXIETY COMES
 - WHEN DOUBT CREEPS IN.....

3. SURROUND YOURSELF WITH FAITH FILLED PEOPLE

- **THE ENEMY uses fearful, unbelieving people to take you down with them.**
 - **Hebrews 3:12 Beware lest there be in any of you an Evil heart of unbelief.**
 - **Matthew 16:23**
But He turned to Peter, "Get behind me, Satan! You are an offense to Me, for you are not mindful of the things (thoughts) of God, but the things (thoughts) of men."
- **God uses faith-filled people to build you up and to strengthen you.**
 - **Proverbs 27:17 As iron sharpens iron, so a friend sharpens a friend.**
 - THIS IS WHY BEING PLANTED IN SMALL GROUPS IS CRUCIAL FOR YOUR SPIRITUAL DESTINY.
 - **Ecclesiastes 4:9-10 Two are better than one 10 For if they fall, one will lift up his companion. But woe (cursed) to him who is alone when he falls, for he has no one to help him up.**
 - **Hebrews 10:25 We should not stop gathering together with other believers, as some of you are in a bad habit of doing. Instead, we must continue to encourage each as times get darker and the end gets nearer.**
 - THERE ARE DARK TIMES AHEAD IN EVERY JOURNEYS.
 - Life won't always be smooth sailing, storms, troubles will come....
 - That's why we have placed some amazing coaches in your world to encourage you to keep moving forward in Faith not fear.

CLOSING — My Story: 5 CENTS ***WORSHIP PAD**

- SOON YOU WILL JOIN YOUR SMALL GROUPS FOR SOME COACHING TIME
- **"WHICH AREAS WHERE YOU ARE STRUGGLING WITH OR FEELING STUCK IN OR IN NEED OF ALIGNMENT WITH THE WORD OF GOD?"**
- I WANT TO ENCOURAGE ALL OF YOU TO **DIG DEEP** IN YOUR LIFE. DON'T GIVE SURFACY ANSWERS.
- I ASKED GOD "WHY AM I ALWAYS AFRAID?"
 - EVERYTIME THERE IS AN OPPORTUNITY (BUSINESS, MINISTRY).
 - MY DEFAULT ANSWER WILL ALWAYS BE 'NO I CAN'T DO IT'
 - MY DEFAULT WAS TO ALWAYS ALWAYS FEAR, NEVER HAVE FAITH.
 - MY PRAYER IS ALWAYS 'GOD I CAN'T DO THIS WITHOUT YOU' INSTEAD 'GOD I CAN DO EVERYTHING WITH YOU'.
 - WHY??!?!?!?
 - I GREW UP WITH A DAD THAT ALWAYS TIE EVERYTHING WITH MONEY.
 - "PLEASE PRAY FOR DAD, SO DAD CAN BE RICH, DAD ONLY HAVE THIS....."
 - I WATCH HIM WORK HIS BACKSIDE OFF FROM MORNING TO NIGHT.
 - **THE FUEL WAS 'FEAR OF HAVING NOT ENOUGH.'**
 - DURING MY PRAYER TIME LAST NIGHT, GOD REMINDED ME OF ONE NIGHT WHEN I WAS AROUND 4-5 YEARS OLD.
 - AN IMAGE SO STRONG IN MY MEMORY.
 - THAT EVERY SINGLE NIGHT, MY GRANDPA WILL SIT DOWN COUNTED ALL HIS MONEY
 - HE COUNTED EVERY SINGLE CENTS.
 - JUST TO MAKE SURE THAT NO ONE STOLE HIS MONEY.
 - ONE NIGHT, ME AND MY SISTER WANTED TO PRANK HIM AND I HIDE ONE OF THESE COINS
 - I TOOK THE SMALLEST COIN, 5 CENTS THINKING THERE IS NO WAY HE WOULD'VE FOUND OUT.
 - WE WERE WATCHING HIS FACE AS HE COUNTS HIS MONEY.
 - AND BOTH OF US COULD SEE ANXIETY GRIPPED HIS FACE.
 - AND MY SISTER SAID 'NA NA NA NA NA, GRANDPA THIS IS YOUR MONEY WE HID IT GRANDPA.
 - **HE LOST THE PLOT!!!! HE WAS SOOOO ANGRY!!! HE WAS SWEARING ALL OVER....ALL BECAUSE OF 5 CENTS.**
 - A PERFECT IMAGE WHERE MONEY HELD CAPTIVE A PERSON.
 - THAT'S WHYYYYY!!!
 - THAT'S WHERE MY DAD CAUGHT IT.
 - IT'S THIS GENERATIONAL STRONGHOLD THAT HAS BEEN PASSED ON FROM GENERATION TO GENERATIONS
 - AND THEN I CAUGHT IT.
 - GOD GAVE A DREAM, BUT I ALWAYS CHECK THE BANK BALANCE....AND I SAY 'I DON'T HAVE ENOUGH'
 - GOD GAVE A DREAM, BUT I ALWAYS CHECK THE SKILL LEVEL....AND SAY 'IM NOT ENOUGH'.
 - THE HIGH THOUGHT THAT ALWAYS LIMITS MY OBEDIENCE....
 - ROOY LOOK UP TO THE SKY, COUNT THE STARS...HANG ON GOD...LET ME COUNT MY 5 CENTS.
 - TONIGHT, ITS TIME FOR US TO REPLACE THAT LIES WITH THE WORD OF GOD.
 - - **PHILIPPIANS 4:19 And my God will supply every need of yours according to his riches in glory in Christ Jesus.**
 - **Matthew 6:31-32 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all**
 - **Luke 12:24 Consider the birds; they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!**
 - TONIGHT I WANT TO DECREE AND DECLARE THAT MY SONS AND DAUGHTERS WILL NOT LIVE IN THE '5 CENTS' FAITH.....
 - BUT YOU WILL LIVE IN THE FULLNESS OF HIS PROMISE!
 - **Psalm 34:10 The young lions suffer want and hunger; but those who seek the Lord lack no good thing.**

GROUP COACHING TIME

"WHICH AREAS WHERE YOU ARE STRUGGLING WITH OR FEELING STUCK IN OR IN NEED OF ALIGNMENT WITH THE WORD OF GOD?"

- **WHAT ARE YOU WORRIED ABOUT?**
- **WHAT ARE YOU AFRAID ABOUT?**
- **WHAT LIES FROM THE DEVIL THAT YOU HAVE BEEN LISTENING IN YOUR LIFE?**
- **IN YOUR FINANCE? FOR YOUR FUTURE? FOR YOUR CAREER? IN YOUR FAMILY?**

WHAT ARE THE WORD OF GOD THAT YOU WILL USE TO REPLACE THAT FEARFUL/DOUBTFUL/DEFEATED THOUGHTS?

PRAY FOR THEM.

NOTES FOR COACHES:

1. REMIND THEM TO **DOWNLOAD THE BIBLE READING PLAN (THE BIBLE IN A YEAR) AND BUILD A HABIT TO READ BIBLE EVERYDAY BE ACCOUNTABLE TO YOU STARTING TODAY.**
2. REMIND THEM ABOUT BEING PLANTED INTO A PARTICULAR CONNECT GROUP. IF THEY DON'T HAVE ANY CONNECT GROUP, ASK THEM TO JOIN YOURS TODAY.
3. CREATE A WHATSAPP GROUP SO YOU CAN EASILY COMMUNICATE WITH YOUR GROUP.