

LOF1 - WEEK 1 WINNING THE BATTLEFIELD OF THE MIND

2/4/19 9:37 pm

WHAT IS LIFESTYLE OF FREEDOM?

- **WELCOME TO TODAY'S TEACHING SESSION.**
- **PURPOSE: TO RAISE AN STRONG ARMY DISCIPLES OF JESUS.**
 - STRONG Vs WEAK FOLLOWERS OF JESUS.
 - THE DIFFERENCE IS IN THE ROOT!
 - ITS NOT IN THE SEEN, IT'S IN THE UNSEEN.
- WE ARE DOING IT NOT FOR THE 'SEXY', BUT WE'RE NOT CALLED TO BE SEXY, **WE CALLED TO BE FRUITFUL**
 - ITS NOT WHAT WE DO ON THE STAGE, IT'S HOW WE TREAT OUR WIVES.
 - IT'S NOT HOW GOOD WE ARE PREACHING ON STAGE OR ON OUR CONNECT GROUP, BUT ITS WHAT WE PREACH TO OURSELVES WHEN PRESSURE OF LIFE COMES INTO OUR LIFE.
 - IT'S NOT WHAT WE DO AT CHURCH, ITS WHAT WE DO AT HOME.
- **WHAT TO EXPECT:**
 - **WHAT YOU CAN EXPECT:**
 - SOLID FOOD WILL BE PREPARED. EMERSION THROUGH THE WORDS.
 - THE WORD OF GOD WILL HAVE YOUR:
 - VALUES ARE CHALLENGED
 - ATTITUDES ARE FINE TUNED !
 - CHARACTER IS DEVELOPED.
 - **WEEKLY FOR 12 WEEKS** - WE ARE RAISING AN ARMY.
 - **START ON TIME 7M**
 - **FINISH ON TIME 9PM**
 - 15 WORSHIP
 - 35 MINS SESSION 1.
 - 35 MINS SESSION 2.
 - 30 MINS BREAKOUT SESSION.
 - **YOU WILL BE COACHED.**
 - ONCE A MONTH THEY WILL HAVE A ONE ON ONE SESSION WITH YOU.
 - FAMILY, FINANCE, FITNESS, FORM, FRUIT.
 - RESPECT AND OBEY YOUR COACH.
 - THEY COMMIT THEIR TIME FOR YOU
 - YOUR COACH IS BEING COACHED BY US.
 - THEY ARE EQUIPED, ANOINTED, FOR THEIR ASSIGNMENT (TO SEE YOU RISE UP TO BE THE PEOPLE YOU'RE CALLED TO BE).

SO DISCIPLES, ARE YOU READY TO GET STRONG?

MIND WARS 1 - WINNING THE BATTLEFIELD OF THE MIND

YOUR MIND IS A BATTLE FIELD.

2 Corinthians 10:3-5

For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,

- OUR BATTLEFIELD IS NOT AGAINST OFFICE POLITICS, OUR HATERS, OUR ENEMY.
- **OUR greatest BATTLE IS IN OUR MINDS**
- **ALL THE BATTLES IN YOUR LIFE IS FIRST WON OR LOST IN YOUR MIND.**
- WHO HAS CONTROL OF YOUR MIND, HAVE CONTROL OF YOUR LIFE.
 - RESEARCH SUGGESTED THAT 86% OF SICKNESS OF YOUR BODY IS RELATED BACK TO YOUR MIND.
 - CANCER CELLS SPREADS FASTER WITH STRESS HORMONE
- WHO HAS CONTROL OF YOUR MIND?
 - IS IT THE HIGH THOUGHTS OF THE ENEMY OR THE WORD OF GOD.
 - TODAY WE'RE GOING TO LEARN FROM THE BIBLE HOW TO WIN THE BATTLEFIELD OF THE MIND.

1. DON'T WAIT UNTIL CIRCUMSTANCES CHANGE TO SWITCH YOUR THINKING (SWITCH YOUR THINKING NOW!)

- **PEOPLE OFTEN SAY AS SOON AS I GOT A NEW JOB, I WILL BE HAPPY.**
 - AS SOON AS I GOT A BETTER HOUSE (GIRLFRIED) I WILL BE HAPPY.
 - THEY WAIT TILL THEIR CIRCUMSTANCES CHANGE, BEFORE THEY WANT TO CHANGE THEIR MIND.
 - BUT THE BIBLE SAYS **CHANGE YOUR MIND AND EVERYTHING ELSE WILL FOLLOW!!!**
 - **PROVERBS 23:7 AS A MAN THINKS, HE BECOMES.**
 - IF YOUR MIND SAYS YOU'RE BLESSED, YOUR LIFE WILL EVEBE BLESSED.
 - IF YOUR MIND SAYS YOU'RE VICTORIOUS, YOUR LIFE WILL BECOME VICTORIOUS.
 - THIS IS NOT TONY ROBBIN'S TEACHING, THIS IS THE WORD OF GOD.
- **WHO RUNS YOUR MIND LATELY?**
 - **WHAT ARE THE THING THAT HAVE ROB YOUR PEACE IN THE LAST 3-6 MONTHS?**
 - WHAT ARE YOU WORRY ABOUT?
 - WHAT ARE YOU AFRAID ABOUT?
 - WHAT LIES FROM THE DEVIL THAT YOU HAVE BEEN LISTENING IN YOUR LIFE?
 - IS IT YOUR FINANCE? IS IT YOUR FUTURE? IS IT YOUR JOB? IS IT YOUR FAMILY?
- **We can never win if our problems are the biggest things in our thought lives.**
- **If you want deliverance from your problems today, then you have to quit allowing negative, fearful thoughts to consume your mind.**
- **We are to cast down thoughts that challenge the word and bring that thought into captivity to obey the words of Christ.**
- **2 Corinthians 10:5 Casting down arguments and every high thought that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.**
- **Whats "High thoughts"?**
 - Spirit of lucifer - they exalt themselves against the knowledge of God
 - Thinking we are smarter than God.
 - Oh we don't tithe, because....
 - Oh we don't serve the house, because...
 - Oh we don't read the word, because....
 - Oh we don't get baptised because....
 - That's high thoughts!
 - And we wonder why are we not blessed in our work, why our families are falling apart.
 - The bible says 'CAST IT DOOOWN, YOU OUGHT TO BRING THOSE THOUGHTS INTO CAPTIVITY TO THE OBEDIENCE OF CHRIST!!!!'

2. Remember you're not alone – we have God's thoughts

- **YOU WANT TO WIN IN LIFE?**
 - YOU HAVE TO REPLACE IT WITH GOD'S THOUGHTS MAN.
 - A LOT OF PEOPLE STAY ON THE DEFENCE.
 - BUT GOD SAYS NOOOO YOU NEED TO MOVE TO THE OFFENCE.
 - DON'T JUST STOP BAD THOUGHTS COMING IN.
 - **YOU GOT TO REPLACE IT WITH GOD'S THOUGHTS.**
- **YOU WANT RECIPE OF SUCCESS? RECIPE OF VICTORIOUS LIFE?**
 - IF I CAN SUMMARISE IT INTO ONE THING.
 - THIS WOULD BE IT.
 - JOSHUA IS ABOUT TO BE A MULTITRILIONAIRES
 - JOSHUA IS ABOUT TO BE A LAND OWNERS, NO LONGER RENTING, BUT OWNING.
 - GOD IS ABOUT TO GIVE JOSHUA HIS PROMISED LAND, FLOWING WITH MILK AND HONEY.
 - AND GOD SAID, YOU WANT TO BE PROSPEROUS JOSHUA?
 - YOU WANT TO BE SUCCESSFUL IN EVERYTHING YOU DO?
 - YOU LISTEN UP.

Joshua 1:8-9 **Think about my word day and night, so you may be careful to do all that is written in it.** Then all will go well with you. You will receive many good things and prosper and have good success. 9 Have I not told you? Be strong and have strength of heart! Do not be afraid or lose faith. For the Lord your God is with you anywhere you go.

- THINK ABOUT MY WORD DAY AND NIGHT.
- I WANT TO ENCOURAGE YOU LOF STUDENTS.
- YOU WANT TO BE PROSPEROUS IN YOUR LIFE?
- YOU WANT TO HAVE GOOD SUCCESS IN YOUR WORK? FAMILY?
- READ AND MEDITATE THE WORD OF GOD DAY AND NIGHT, SO YOU MAY BE CAREFUL TO DO ALL THAT IS WRITTEN IN IT.
- LOF STUDENTS 1 STARTING TODAY, YOU HAVE TO HAVE A BIBLE READING PLAN.
- DON'T JUST READ ONE VERSE, ITS LIKE YOU ONLY EAT ONE SPOON OF RICE EVERY DAY.
- CMOON, YOU WANT TO BUILD MUSCLE IN YOUR LIFE, TO WIN YOUR BATTLE.
- READ AND THINK ABOUT HIS WORD DAY AND NIGHT.
- LET IT SINK?
- READ IT OUT LOUD WHEN YOU WORK.
- READ IT OUT LOUD WHEN YOU'RE SHOWERING.
- WHEN NEGATIVE THOUGHTS COME IN, READ THE WORD I AM THE HEAD AND NOT THE TAIL.
- YES PASTOR!!!

3. Get around people who are full of faith – They are precious.

- **Satan uses fearful, unbelieving people to take you down with them.**
 - **Hebrews 3:12 Beware lest there be in any of you an Evil heart of unbelief.**
 - **Matthew 16:23**
But He turned to Peter, "Get behind me, Satan! You are an offense to Me, for you are not mindful of the things (thoughts) of God, but the things (thoughts) of men."
- **God uses faith-filled people to build you up and to strengthen you.**
 - **Proverbs 27:17 As iron sharpens iron, so a friend sharpens a friend.**
 - Connect group pastors, I am proud of you.
 - Every time people come to you with their problem, you listen to their problem.
 - But you spit the word of God in their life.
 - I emphatise with your situation, I have no opinion on that matter.
 - Even if I have my opinion don't matter, what matter is what the word says about your situation.
 - You're not a therapist, you don't need a therapist, you be their friend and sharpen them with the word of God!
 - **Ecclesiastes 4:9-10 Two are better than one 10 For if they fall, one will lift up his companion. But woe (cursed) to him who is alone when he falls, for he has no one to help him up.**
 - **Hebrews 10:25 We should not stop gathering together with other believers, as some of you are in a bad habit of doing. Instead, we must continue to encourage each as times get darker and the end gets nearer.**
 - We have placed some amazing coaches in your world to encourage you to keep moving forward in Faith not fear.

4. Praise God over all other voices no matter how you feel

- **Psalm 22:3 God inhabits the praises of his people**
- His presence will turn back those negative, unbelieving thoughts.
- When you are discouraged....PRAISE!!!
- **Psalms 43:5 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again – for I shall yet praise Him.**
- WHEN YOU FEEL HEAVY, MOURNING, SAD....PRAISE!!!
- **Isaiah 61:3 To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness That they may be called trees of righteousness, The planting of the Lord, that He may be glorified.**

COACHING TIME

1. **WHO HAS CONTROL OVER YOUR MIND LATELY?**
 - **WHAT ARE THE THING THAT HAVE ROB YOUR PEACE IN THE LAST 3-6 MONTHS?**
 - WHAT ARE YOU WORRY ABOUT?
 - WHAT ARE YOU AFRAID ABOUT?
 - WHAT LIES FROM THE DEVIL THAT YOU HAVE BEEN LISTENING IN YOUR LIFE?
 - IS IT YOUR FINANCE? IS IT YOUR FUTURE? IS IT YOUR JOB? IS IT YOUR FAMILY?
2. **WHAT ARE THE WORD OF GOD THAT YOU WILL USE TO REPLACE THAT FEARFUL/DOUBTFUL/DEFEATED THOUGHTS?**
3. **PRAY FOR THEM.**

NOTES FOR CLOSING

1. REMIND THEM TO DOWNLOAD THE BIBLE READING PLAN (THE BIBLE IN A YEAR) AND BUILD A HABIT TO READ BIBLE EVERYDAY BE ACCOUNTABLE TO YOU STARTING TODAY.
2. REMIND THEM ABOUT BEING PLANTED INTO A PARTICULAR CONNECT GROUP. IF THEY DON'T HAVE ANY CONNECT GROUP ASK THEM TO JOIN YOURS TODAY.